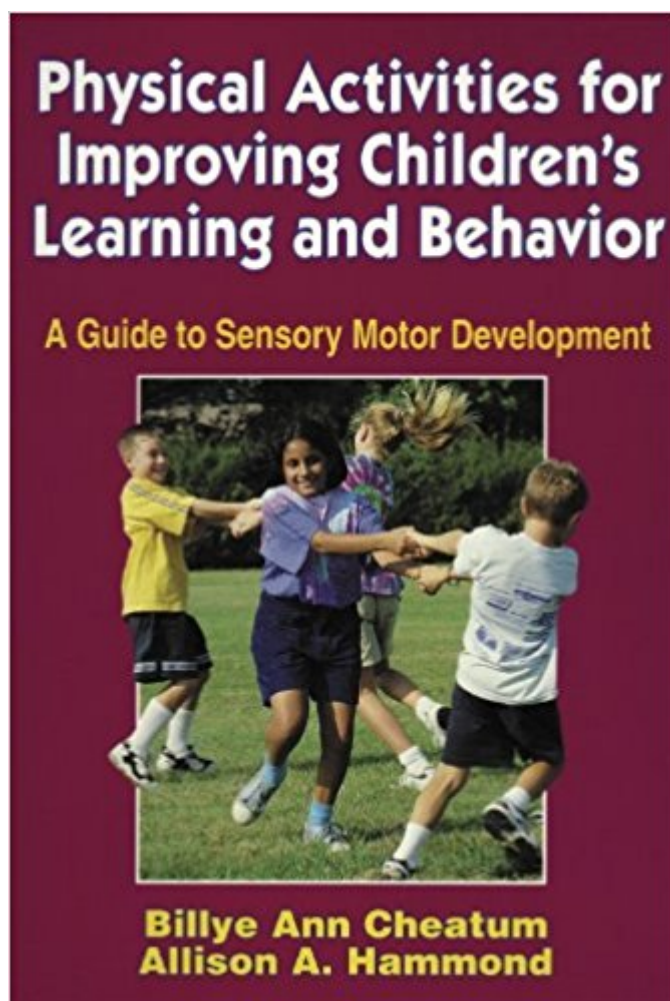




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Physical Activities For Improving Children's Learning And Behavior



Synopsis

Fewer things cause more concern for teachers and parents than to be told that a child has a learning problem or behavior disorder. It is even more difficult when no specific cause or reason for the problem is given. *Activities for Improving Children's Learning and Behavior* can help you identify underlying causes for a child's difficulty and discover fun-filled activities that can greatly help them. Authors Cheatum and Hammond, who together have worked in the special physical education field for more than 40 years, explain the complexities of sensory motor development in easily understood language. And they include more than 130 photos and illustrations of developmental processes and activities to help you understand and implement the information presented. Interwoven throughout the book are 99 physical activities and games designed to help reduce the effects of sensory motor problems. All activities can be used in the classroom or at home and require little or no equipment. Whether a child shows signs of clumsiness, motor skills below age level, or hyperactivity, Cheatum provides activities proven to help them be successful in and out of the classroom!

Book Information

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Customer Reviews

"Cheatum and Hammond have taken the scientific confusion out of understanding sensory motor development and the sensory systems. This is a must-read for those who are told their child or student has a behavior or learning problem!"
—Ariel L. H. Anderson, PhD
Professor, Western Michigan University
"Practitioners . . . will find a wealth of information to share with administrators, teachers, and politicians that validates the potential role of quality sensory-motor programs in the

lives of children with learning, behavior, and motor problems. College and university faculty and their undergraduate students will find practical and usable information about the sensory input systems, quality intervention strategies, and motor outcomes. Graduate students will find it a useful reference."

Adapted Physical Activity Quarterly "As stated in the preface of this publication, it was the authors' intention to write an easy-to-read book for parents and educators about children with learning and behavioral problems and include physical activities to improve their sensory motor development. The authors meet this requirement in an outstanding manner. The tips for sensory motor development programs are very applicable for the target group of readers. Furthermore, the authors cover a wide range of problems of the sensory system, and in this respect the book provides an interesting summary and good guide to sensory motor development with suggestions for correcting possible difficulties."

Gudrun M. Doll-Tepper, PhD Professor, Free University of Berlin

"Physical Activities for Improving Children's Learning and Behavior Problems: A Guide to Sensory Motor Development provides teachers and parents with a comprehensive approach to working with children who have learning or behavior problems. Special attention is given to promoting sensory motor development."

Jean L. Pyfer, PhD Dean of Health Sciences, Texas Woman's University "I spent many years studying and advocating for physical educators to look at the sensory-motor mechanisms that undergird motor performance. These authors do an excellent job of unraveling those "mysteries" of the sensory motor systems by discussing the fundamental systems in a way they can be understood. The connection of proprioceptive, tactile and vestibular function with motor output is clearly presented and takes the teacher and parent much deeper into the underlying systems of sensory motor behavior than ever before. They've done a great job and I hope the book is widely adopted as a text or at least supplemental readings in methods of teaching physical activity to elementary school aged children."

Janet A. Seaman, P.E.D. American Assoc. for Active Lifestyles & Fitness, Executive Director "This is the book I needed when my son was small! By making the exercises into games, the book works miracles for both attitude and physical development. As a parent, both tips for working with children and explanations of how the body functions are extremely helpful. How wonderful to finally have this information in a form usable by parents and teachers!"

Gail M. Ledbetter, B.S., MASL Portage Public Schools"

" "Cheatum and Hammond have taken the scientific confusion out of understanding sensory motor development and the sensory systems. This is a must-read for those who are told their child or student has a behavior or learning problem!"

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I had the chance to work with a young man (fourth grader) who had some learning difficulties. The premise of my work with him was to improve his upper arm strength for his martial arts class but our

sessions morphed into more brain/body connections. I tried many of the activities in the book with him and he seemed to benefit from the exercises. The book is nicely broken down into chapters that focus on specific issues and how to perhaps help a child overcome some of these difficulties. Great book for parents or teachers or anyone working with children who are experiencing sensory motor development issues.

I really do like this book! It is very practical, gives you ways to assess the different sensory systems, symptoms of each sensory system dysfunction and treatment ideas that are practical. It gives just enough scientific explanation of what the systems are about and how they work - perfect for me! Great buy!

I just received it and I'm ecstatic to try it. Our 4-year-old son has some Vestibular issues and has a hard time with his balance and wanting to spin too much. I will try it and give an update later.

the authors provide excellent tips and advice for many special needs children.....encouragement to feed the growth of all.....watch out for a supplement copy for parents

I bought this because I had seen and read it in an Occupational Therapist's office. Initially I thought it was great - but then as I read more of it, it seems a bit too 'clinical' and I lost interest.

This book gives practical rehabilitation exercises that parents or teachers can use to help rehabilitate kids with retained primitive reflexes and developmental delays. It's excellent for anyone - medical or otherwise. This is a good one for teachers in fact, to help them to understand how motor skills and learning are linked.

This is an extremely dry wandering text. There is no conciseness and very little "How To" material in this book. The book wanders through a laundry list of what-ifs and anecdotes without offering actionable ideas. I was very disappointed by this book. Anyone who is busy will want to look for a different book, reserving this one as a library reference.

I really enjoyed this book. The authors know how to explain their material without using a lot of technical jargon. If you have read and enjoyed "The Out of Sync Child", I would recommend this as Part 2. It goes a little more in-depth and has lots of great ideas for activities. Very Smart!

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